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A guiding device wherein an illustrated embodiment of the guiding device includes an elongated finger-resting surface, an elongated upstanding section, and an elongated first scale-supporting section. The upstanding section is positioned between the first scale-supporting section and the finger-resting section. The first scale is an elongated, narrow strip having a first scale surface rigidly and unreleasably attached to the first scale-supporting section of the second portion. The first scale has a second scale surface opposite to the first scale surface. The second scale surface has first indicia to indicate predetermined lengths along the first scale. The finger-resting surface permits fingers of a user gripping the guiding device to be positioned on the finger-resting surface while being protected from an implement by the upstanding section during movement of the implement along the guiding device, adjacent the first scale.